

Privacy: Remedy Healthcare is committed to protecting your privacy and confidentiality, and complies with laws governing the protection of patient privacy. **To download a copy of our privacy policy visit remedyhealthcare.com.au**

Quality: Remedy Healthcare is accredited with the Australian Council of Healthcare Standards (ACHS). As an accredited organisation Remedy Healthcare is committed to continuous quality improvement.



Accredited by The Australian Council on Healthcare Standards until December 2019

Quality, coordinated healthcare at home

Get in touch with us

Call 1300 734 224 (option 1)

Fax 1300 734 221

getbetter@remedyhealthcare.com.au

Make a referral

Use our online referral form or download a PDF and other supporting documents at remedyhealthcare.com.au/refer

Contact us

For more information on our Health Programs or your Private Health Insurance, please call Westfund Health Insurance on 1300 937 838 or visit westfund.com.au

The Rehab at Home service is owned, operated and provided by Remedy Healthcare to eligible Westfund customers with the funding of Westfund Limited ABN 55 002 080 864

Rehab at Home

Rehabilitate in the safety, comfort and privacy of your own home.

Call 1300 734 224

About Remedy Healthcare

Remedy Healthcare provides services Australia-wide on behalf of hospitals, health funds, families and community agencies. Our staff and service provider network are committed to maximising each person's medical, physical and functional abilities to ensure they recover at home as safely and independently as possible.

Remedy Healthcare has been caring for clients in their own homes since 1999. Our key programs include Rehabilitation at Home, Hospital Care at Home, care coordination, allied health and chronic disease health coaching programs.

Remedy Healthcare has established a reputation for reliability, responsiveness, efficiency and quality in service delivery.

Rehabilitation at Home

Would you like to recover at home?

Remedy Healthcare can help.

Remedy Healthcare's Rehabilitation at Home gives you access to a range of rehabilitation and healthcare services from the privacy, safety and comfort of your home.

Depending on your needs, Remedy Healthcare can provide effective and convenient rehabilitation services following a wide range of surgical procedures and for medical conditions including:

- ✓ Joint replacements
- ✓ Fractures
- ✓ Neurological conditions
- ✓ Respiratory conditions
- ✓ Cardiac conditions
- ✓ Reconditioning
- ✓ Mobility problems and falls
- ✓ Spinal conditions

With the support of your doctor and hospital, Remedy Healthcare can provide these services under your private health insurance.*

Services in your Home

Your Rehabilitation at Home program will take place under the care of your dedicated Remedy Care Coordinator. He or she will guide and support you through your rehabilitation program.

Depending on your needs, the following services can be provided:

- ✓ Physiotherapy, to improve your strength, balance, mobility and safety in and around your home.
- ✓ Nursing, to help you with dressings, wound care, and medication management.
- ✓ Occupational therapy, to help you achieve independence and safety in activities of daily living, including dressing and showering.
- ✓ Personal care, to help with showering and dressing.
- ✓ Home care, for domestic support such as cleaning.
- ✓ Meals, delivered to your home to help in the early days after leaving hospital.

* Eligibility conditions apply. Please contact Westfund or refer to healthwellbeing.westfund.com.au for further information.



This program does **not** provide for a doctor to visit you while at home. Your dedicated Remedy Care Coordinator will coordinate these services to help you successfully recover at home.

Getting Started

To get things started you will need a referral from your hospital or doctor. You will then be contacted by your Remedy Care Coordinator who will discuss your individual needs, work with your health fund and put the most suitable services in place for you.

Your Rehabilitation at Home services begin within the first few days of leaving hospital. Your rehabilitation program with Remedy Healthcare will last about 6 weeks. Throughout your care at home, your Remedy Care Coordinator keeps your doctor or surgeon informed of your progress.

Remedy's Care Coordinators are available during business hours Monday to Friday. An after-hours service is available if you have more serious concerns. In case of any medical emergency, please call an ambulance on 000.